

# Private Sector Engagement to Increase Access to Contraception:

#### **Pharmacy Engagement in East Africa**





#### **TCI Envisions**

A world where young people, women and men are empowered to live an optimal reproductive life by supporting local governments to rapidly and sustainably scale up proven high impact reproductive health solutions in urban poor settlements





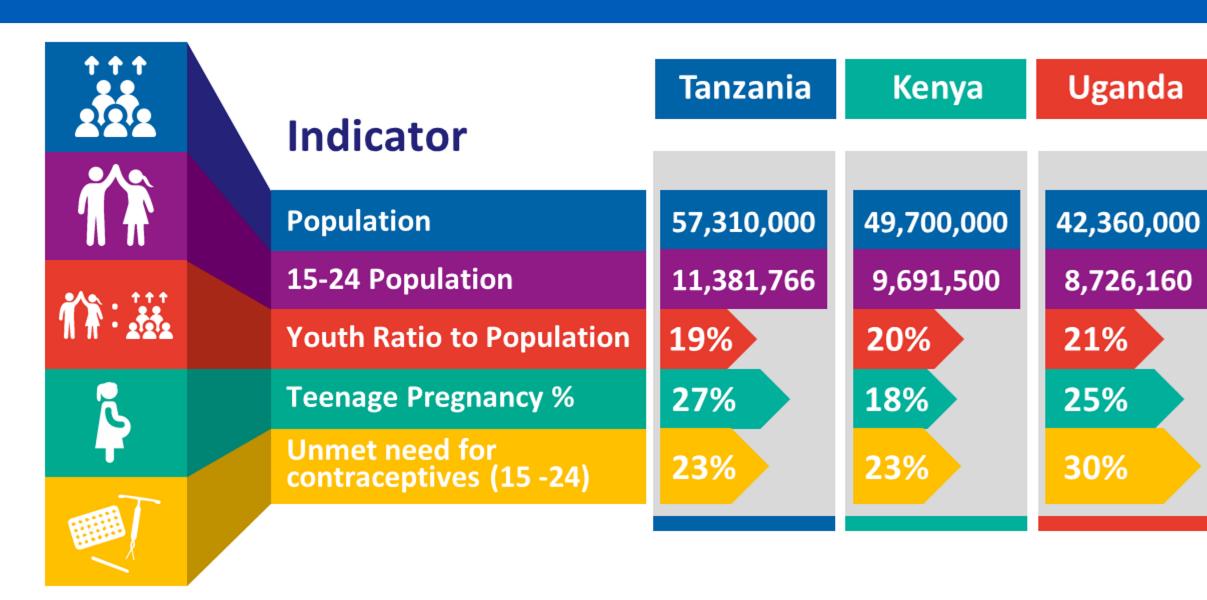
#### Uganda Kenya \*Kericho \*Busia ► Kilifi Bulkwe Migori ▶ Iganga Mombasa ► \*Mukono Nairobi \*\*Vihiga ► Kampala ▶ Wakiso \*Uasin Gishu \*\*Geita Kigamboni Kinondoni Ukerewe Ilemela \*\* New cities \* Graduated cities Mwanza Nyamagana Ubungo Tanzania Arusha \*\*Dodoma Tanga \*Temeke \*Ilala

#### Our Footprint...





#### East Africa's Situation



### **Meet the Contributors**

For more information contact - tci-eastafrica@jhpiego.org



Patrick Waweru Ngatia

Chairperson – Kenya Pharmaceutical Association; Nairobi Chapter



**Grace Mugabi** 

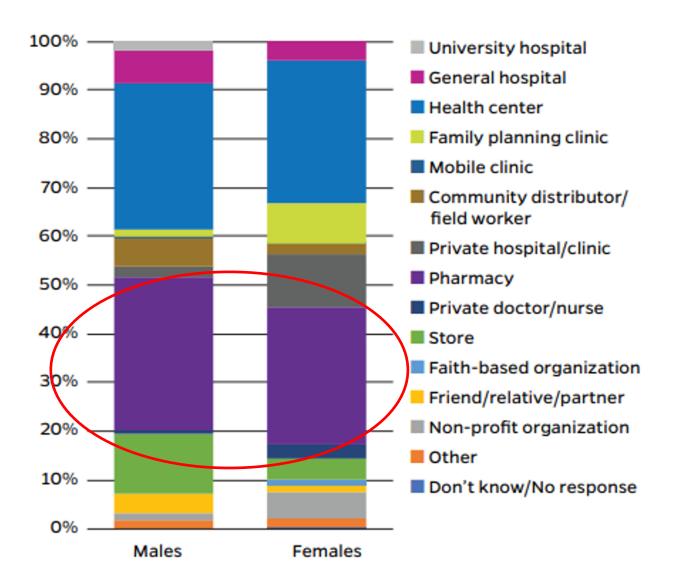
Focal person for Results Based Financing; Buikwe District

# Evidence for contraceptive use and access from pharmacies

Pharmacies an untapped source for comprehensive family planning service delivery to AYs:

- 1. Easily accessible, approachable and acceptable
- 2. Provide increased access points of services
- 3. Offer some level of privacy and is non judgemental
- 4. Helps to relieve pressure from the public sector

#### Source of current main method among users



Source: PMA 2020 YRDSS: Jun-Aug

2019

#### Definition of Pharmacy/ Drug Shop / Chemist

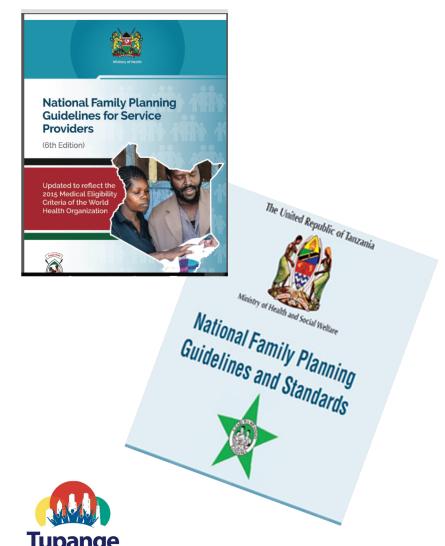
- Small private outlets offering over-thecounter medicines and supplies for common illnesses in the community
- In EA, located mostly in urban poor areas, are also most convenient and popular sources of health care advice and treatment, including contraceptives



MOH team at a supportive supervision visit to a community drug shop under in Arusha



#### **Country Guidance on Contraceptive Service Provision by Pharmacies**



Method	Kenya	Uganda	Tanzania
Condoms & pills	Counsel and provide	Counsel and provide	Counsel and provide
Lactational Amenorrhea Method (LAM)	Counsel and refer	Counsel and refer	Refer
Injectable	Counsel, dispense and provide	Counsel, dispense and provide	Refer
IUCD and Implants	Counsel, dispense and refer clients	Refer	Refer
Standard Days Method	Counsel, refer, provide	Counsel, refer, provide	Refer
Permanent Methods	Refer	Refer	Refer

#### **Selection Criteria**



- Must be legally certified
- Already offering reproductive health services
- Located in an easily accessible location with high volume-clientele
- Located in urban poor areas
- Willingness to maintain and share family planning data
- Operated by trained medical personnel as stipulated in national guidelines



## # of supported Pharmacies & Drug Shops

Kenya	Tanzania	Uganda
150 (60 Nairobi; 20 Kilifi; 70 Mombasa)	330 (Arusha City 50, Arusha DC 50, Tanga 30, Dar 200, Mwanza 50)	39 (17 Buikwe, 22 Iganga)





"As Kenya Pharmaceutical Association we have partnered with The Challenge Initiative and Ministry of Health to create capacity among our members to ensure provision of quality services among adolescents and youth. If we tap on the data being collected on young people accessing contraception at pharmacies, we can improve our county family planning indicators."

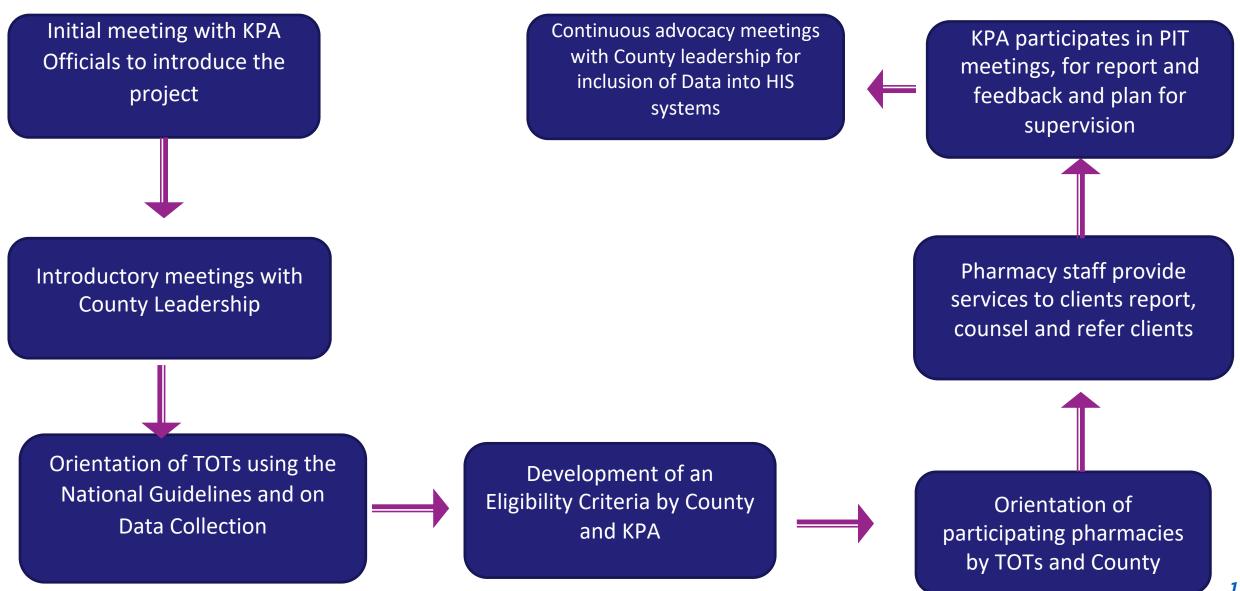
Chitechi Amboka — KPA Secretary General
Coast Branch, Kenya

#### Kenya Pharmaceutical Association

- Pharmaceutical Technologists professional association in Kenya (over 10,000 members)
- Offers quality pharmaceutical care through practice of Clinical Pharmacy in Community (retail) pharmacy, public and private hospitals.
- Working with the local government (counties) to provide quality SRH services and documentation of access.



#### **Kenya Pharmacy Strategy**



# The SPARK!! Pregnancy Can Wait Uganda Strategy

Strengthened private sector collaboration-pharmacies & drug shops

Capacity building - FP/AYFHS

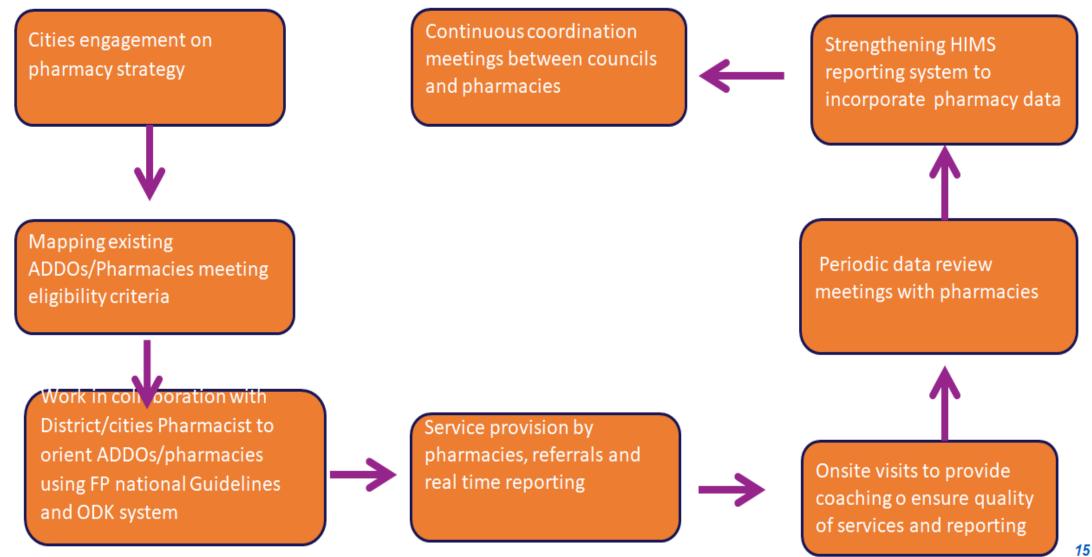
Strengthened linkages with public facilities - referrals for youth

Increased access & utilization of contraceptives, including ECPs

Documentation and reporting



### Tanzania Pharmacy Strategy



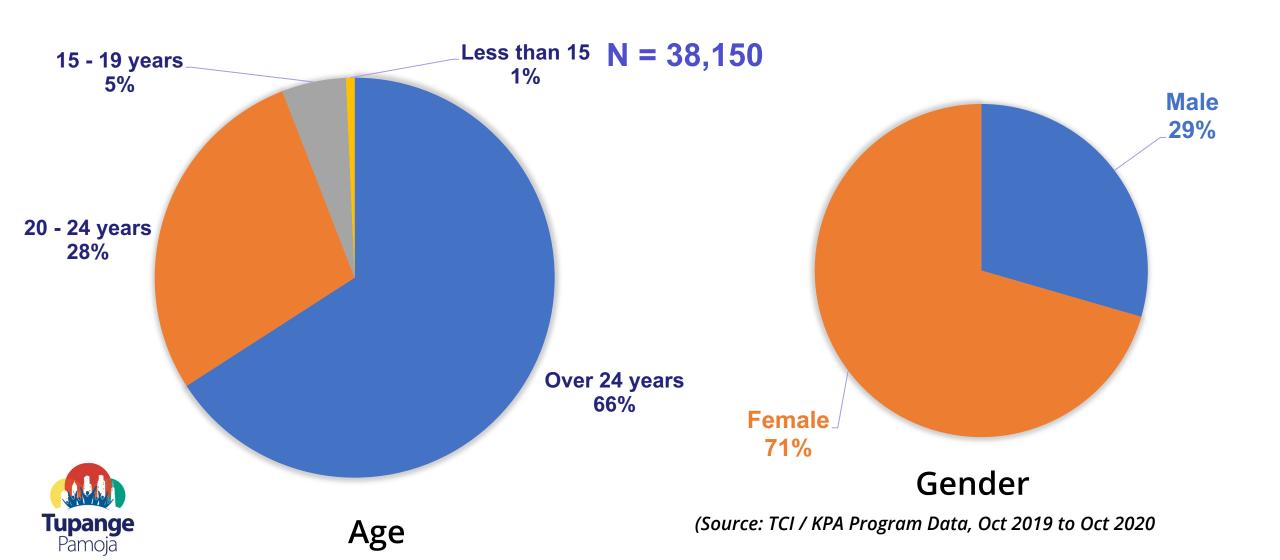
"This approach has brought drug shop owners closer to us in scaling-up contraceptive uptake, before there was a huge gap between the health facility and the drug stores. I feel so excited to visit pharmacies and mentor them - most of them knew about emergency pills, such as postinor 2, as contraceptive methods and they are young between age 15-24. By strengthening the contraceptive knowledge and counseling skills of pharmacists, we aim to ensure that anywhere young people go to seek contraceptive services in a city – whether at a hospital, public health facility, or now, pharmacy – they can learn information that could prevent an unplanned pregnancy."

- Lucy Lauwo, Arusha DC



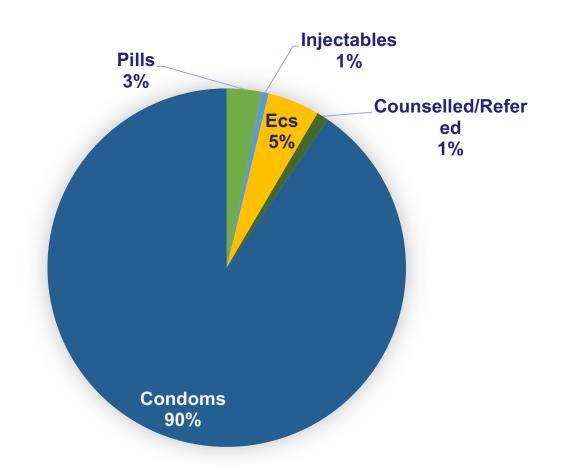


# Age Distribution and Gender of FP Clients served in Pharmacies



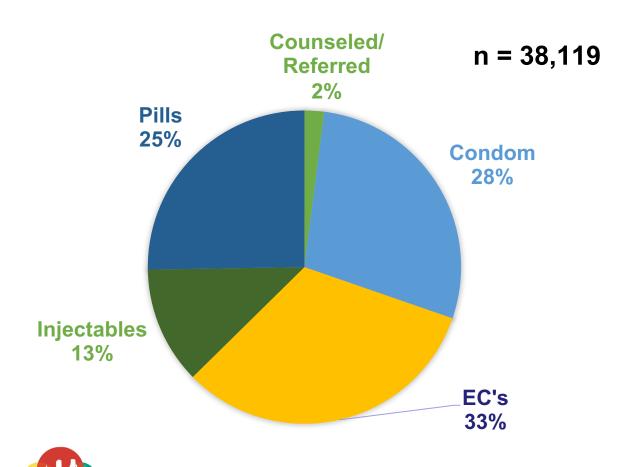
## Male Clients Seeking FP Service

**Services Male Clients are receiving in pharmacies** 





#### Type of FP Service Offered in Pharmacies/Drug Shops



**Tupange** 

Pamoja





## Sustainability

01

Continue Sisi-kwa-Sisi coaching to strengthen linkages between the drug outlets and the public health facilities.

02

Link to public supply chain systems for contraceptives and commodities.

03

Work within government systems established for collaboration with pharmacies.

04

Enhance documentation and data use for continued support to pharmacies.



### Challenges and Tips for Overcoming Them

- Delayed/no submission of monthly data to HMIS/PMIS
  - Need continuous supportive supervision and mentorship of providers
- Increased role to include reporting and counselling for the pharmacist daily activities
  - Sisi-kwa-Sisi to enhance reporting and quality of service
- Monitoring quality of services offered at pharmacies
  - Continued supportive supervision in collaboration with the Ministry of Health teams





#### Lessons Learned

- Engaging pharmacies and drug shops enhances access to contraception by young people
- Data reveals that engaging pharmacies and drug shops has an impact in reducing the gap for service delivery
- Capacity building pharmacy staff is crucial to drive enhanced access to contraception by young people
- Pharmacies and drug shops catalyze demand for contraception
- Drug shops provide more privacy to young people since many have small rooms in the back separated by a curtain or door for examination & treatment
- Multi pronged approach to enhance PPP will strengthen services for young people in the community

### Next steps

- Scaling up with Kenya -100, Uganda -50 new pharmacies
- Support advocacy efforts with government for community pharmacist reporting into the national health system
- Establish linkages between the National Drug Agency and Pharmaceutical Society of Uganda for collaboration with drug shops



